

OPINION

OF THE RUSSIAN NATIONAL COMMITTEE ON NON-IONIZING RADIATION PROTECTION ABOUT THE QUESTION OF BIOLOGICAL EFFECTS OF THE ELECTROMAGNETIC FIELDS OF CELL PHONES



At the session on September 19, 2001, the Russian National Committee on Non-Ionizing Radiation Protection (RNCNIRP) discussed and for the first time approved the recommendations for the population and organizations of the cellular communications industry:

1. Supporting the Precautionary Principle of the World Health Organization, relying on the published data of foreign studies, scientific generalizations, opinions of the international scientific organizations, and expert opinions of members of the RNCNIRP, to distribute on behalf of the RNCNIRP the following information for the population about the key safety and hygienic rules regarding use of cell phones:

1.1. Non-use of cell phones by children under the age of 16.

1.2. Non-use of cell phones by pregnant women.

1.3. Non-use of cell phones by persons suffering from neurological conditions or diseases, including neurasthenia or dysthymic disorders, mental disorders, neuroses, intellectual and memory impairment, sleep disorders, epilepsy, and epileptic predisposition.

1.4. Limiting the duration of phone calls to a maximum of three minutes, and allowing a period between calls of a minimum of 15 minutes. Preferred use of headsets and hands-free systems.



2. The cell phone manufacturers and retailers should include the following information to accompany engineering specifications:

2.1. All of the above recommendations regarding use.

2.2. Data and conclusions on relevant health and epidemiological testing on cell phones, measured EMFs, and the name of the test lab.